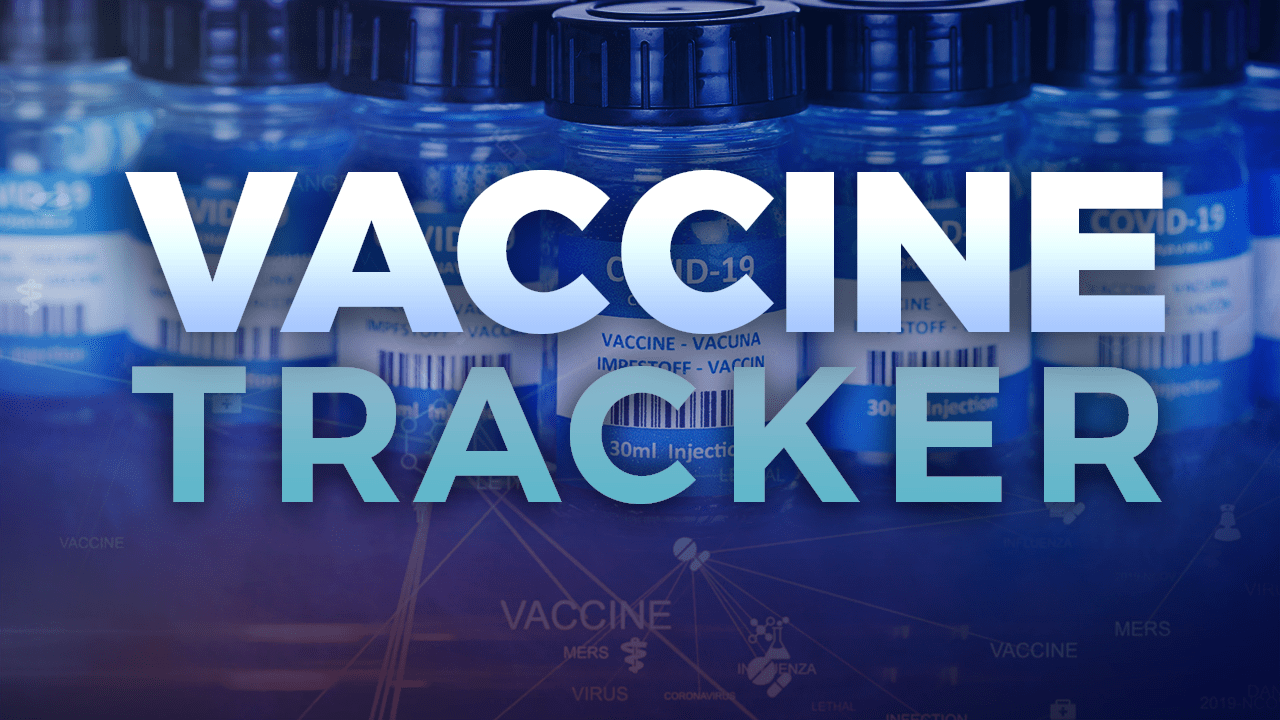
 COVID-19 UPDATES & EMPLOYEE RESOURCES

***April 15, 2021***



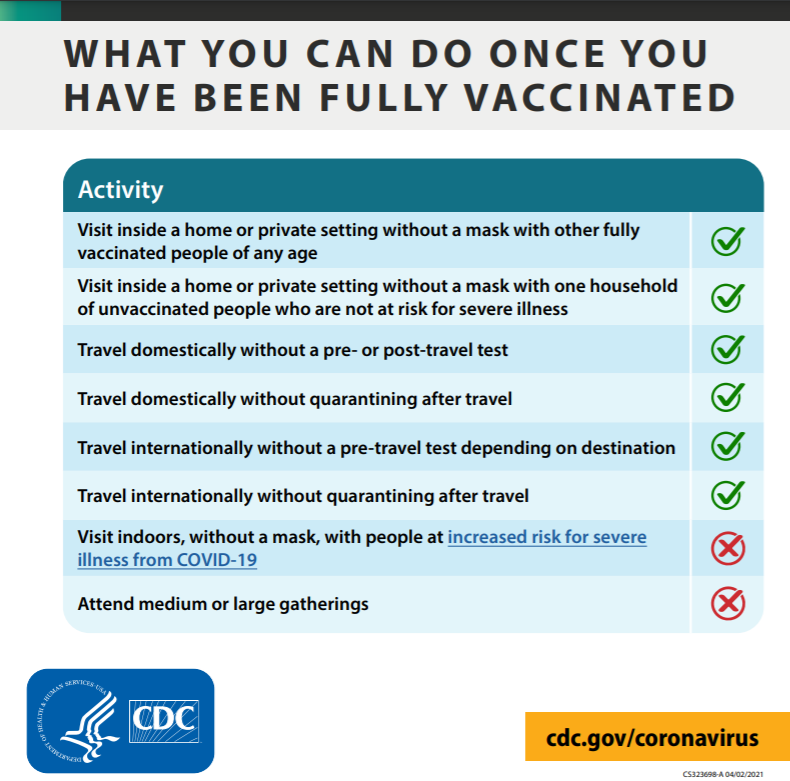
***COVID-19 News & Resources***

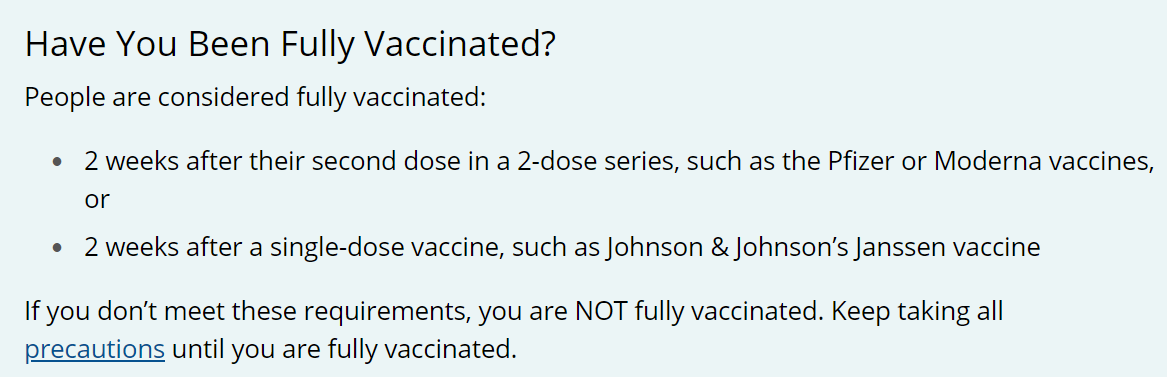


# [COVID-19 Vaccine Dashboard](https://www.michigan.gov/coronavirus/0,9753,7-406-98178_103214_103272-547150--,00.html)

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
| LOCATION | POPULATION | AT LEAST ONE DOSE | % COMPLETE | FULLY VACCINATED | % COMPLETE |
| State of Michigan | 8,096, 917 | 3,444,851 | 42.5% | 2,278,052 | 28.1% |
| Antrim County | 19,759 | 9,353 | 47.3% | 6,866 | 34.7% |
| Benzie County | 15,011 | 7,667 | 51.1% | 5,344 | 35.6% |
| Charlevoix County | 21,940 | 11,564 | 52.7% | 8,735 | 39.8% |
| Emmet County | 27,953 | 15,290 | 54.7% | 11,799 | 42.2% |
| Grand Traverse County | 76,703 | 40,629 | 53.0% | 31,196 | 40.7% |
| Kalkaska County | 14,756 | 5,590 | 37.9% | 4,210 | 28.5% |
| Leelanau County | 18,737 | 10,932 | 58.3% | 8,118 | 43.3% |
| Missaukee County | 11,740 | 4,597 | 38.1% | 3,336 | 27.7% |
| Roscommon County | 20,911 | 9,268 | 44.3% | 6,684 | 32.0% |
| Wexford County | 26,734 | 11,242 | 42.1% | 8,038 | 30.1% |
| [United States](https://covid.cdc.gov/covid-data-tracker/#vaccinations) | 328,200,000 | 123,917,385 | 37.3% | 76,681,252 | 23.1% |

**\*\*\* Data as of 4/13/2021**





[](https://www.kidspeace.org/top-10-reasons-to-get-covid-19-vaccination/)

\*\*\* ***Click on the picture for more information!***

#10: It’s **FREE**!!

#9: It’s highly **effective**.

#8: It’s **safe**!

#7: The vaccine **protects** you from getting seriously ill.

#6: It **protects** those around you.

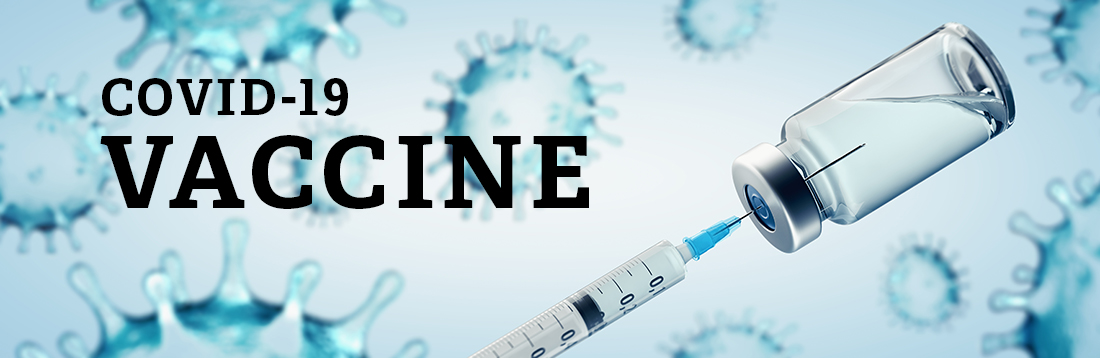
#5: It **protects** YOU!

#4: It **helps** to keep your cash flow strong!

#3: The vaccine **DOES NOT** give your COVID-19!

#2: It’s the **right** thing to do.

#1: It’s the quickest way we can all **GET BACK TO NORMAL!**



* [Grand Traverse County Health Department](https://gtcountycovid19.com/vaccine/)
* [Health Department of Northwest Michigan](http://www.nwhealth.org/covid19dash2.html)

**Seniors who do NOT have internet access or**

**need additional help can call 231-715-5557**

**for help scheduling.**

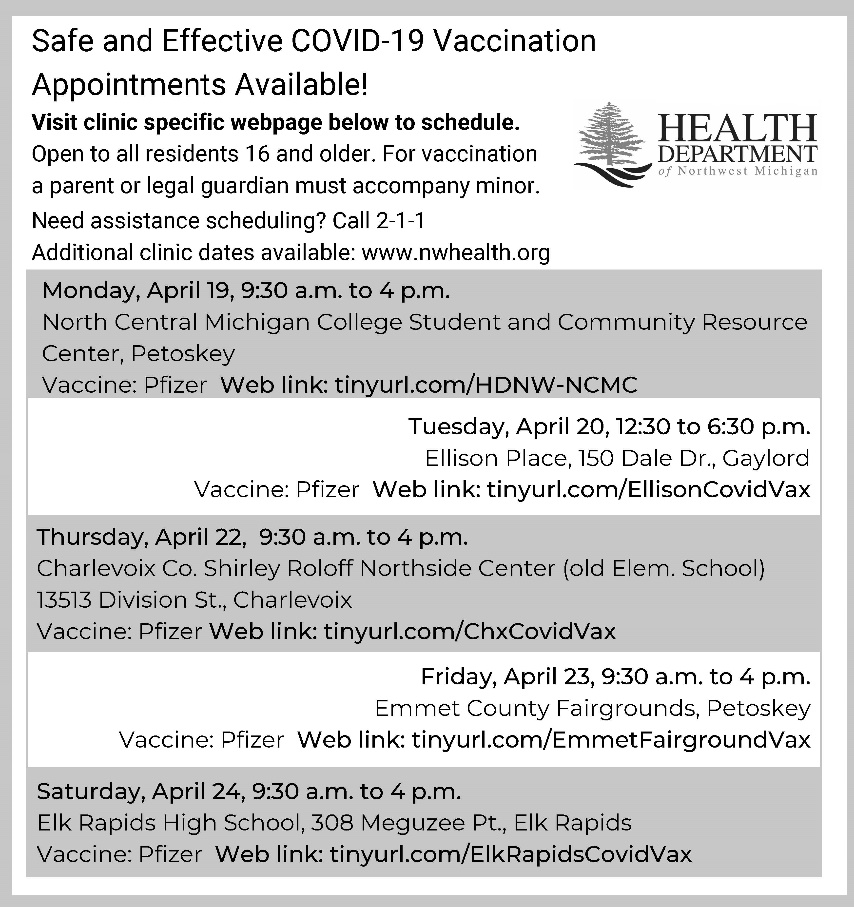
* [Benzie-Leelanau Health Department](https://patienteducationgenius.jotform.com/t/benzie-leelanau-district-health-dep)
* [District Health Department #10](https://www.dhd10.org/covid-19-vaccine/)
* [Central Michigan District Health Department](https://survey.alchemer.com/s3/6224197/COVID-19-Vaccination-Sign-Up)
* [NMHSI](https://nmhsi.intakeq.com/booking)
* [Rite Aid](https://www.riteaid.com/pharmacy/covid-qualifier)
* [Vaccine Finder](https://vaccinefinder.org/)
* [Meijer](https://clinic.meijer.com/register/CL0001)
* [Family Fare](https://www.shopfamilyfare.com/covid19vaccine)
* [Walgreens](https://www.walgreens.com/findcare/vaccination/covid-19)

**Have questions?? Call Munson’s “Ask a Nurse” at 231-935-0951**

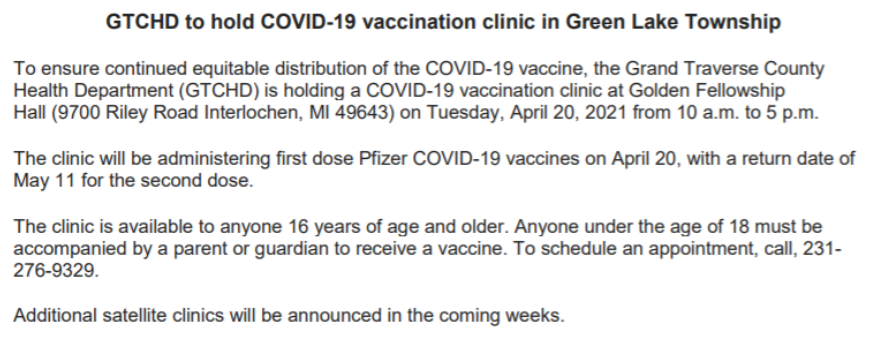
***UPCOMING CLINICS IN YOUR AREA***

**Benzie-Leelanau District Health Department**

* **Wednesday, April 21** (Second Dose May 12- **Must be available**)   
  Suttons Bay Old Middle School, 310 S. Elm Street, Suttons Bay   
  Time: 11:00- 6pm   
  Vaccine: Pfizer (open to 16 or older, parent/guardian must accompany minor)   
  **To schedule an appointment**: [Click Here](https://bldhd.us7.list-manage.com/track/click?u=0676affe98fa6cd0fa570e36c&id=cfc46a646f&e=d6483545c9)
* **Thursday, April 22** (Second Dose May 13- **Must be available**)  
  Frankfort High School, 534 11th St, Frankfort, MI 49635   
  Time: 1:00- 5:45pm  
  Vaccine: Pfizer (open to 16 or older, parent/guardian must accompany minor)   
  **To schedule an appointment**: [Click Here](https://bldhd.us7.list-manage.com/track/click?u=0676affe98fa6cd0fa570e36c&id=18a4316408&e=d6483545c9)
* **Friday, April 23** (Second Dose May 14- **Must be available**)   
  Glen Lake School Gymnasium, 3375 W Burdickville Rd, Maple City, MI 49664  
  Time: 1:00- 5:45pm  
  Vaccine: Pfizer (open to 16 or older, parent/guardian must accompany minor  
  **To schedule an appointment**: [Click Here](https://bldhd.us7.list-manage.com/track/click?u=0676affe98fa6cd0fa570e36c&id=960305de36&e=d6483545c9)
* **Saturday, April 24** (Second Dose May 15- **Must be available**)   
  Benzie Central Gymnasium, 9222 Homestead Rd, Benzonia, MI 49616  
  Time: 10:00- 2:00pm  
  Vaccine: Pfizer (open to 16 or older, parent/guardian must accompany minor)   
  **To schedule an appointment:** [Click Here](https://bldhd.us7.list-manage.com/track/click?u=0676affe98fa6cd0fa570e36c&id=567270c755&e=d6483545c9)

**Health Department of Northwest Michigan**

**Grand Traverse County Health Department**



**Satellite Clinic: Fife Lake Township Hall**

* Friday, April 16th from 10 AM to 5 PM
* To make an appointment, call 231-879-3963 (M - F from 9 AM to 1 PM)

**Central Michigan District Health Department**

* Thursday, April 15, 2021 at Gladwin Knights of Columbus Hall (ages 18 and above)
* Friday, April 16, 2021 at Hayes Township Hall in Harrison (ages 16 and above)
* Monday, April 19, 2021 at Hayes Township Hall in Harrison (ages 16 and above)
* Monday, April 19, 2021 at Gladwin Knights of Columbus Hall (ages 18 and above)
* Monday, April 19, 2021 at Reed City Church of the Nazarene in Reed City (ages 18 and above)
* Monday, April 19, 2021 at Good Shepherd United Methodist Church in Roscommon (ages 18 and above)
* Tuesday, April 20, 2021 at Good Shepherd United Methodist Church in Roscommon (ages 18 and above)
* Tuesday, April 20, 2021 at Divine Shepherd Church in Standish (ages 18 and above)
* Wednesday, April 21, 2021 at Hayes Township Hall in Harrison (ages 16 and above)

***Human Resources***

**Emergency Sick Leave (ESL) and Emergency Family Leave (EFL)**

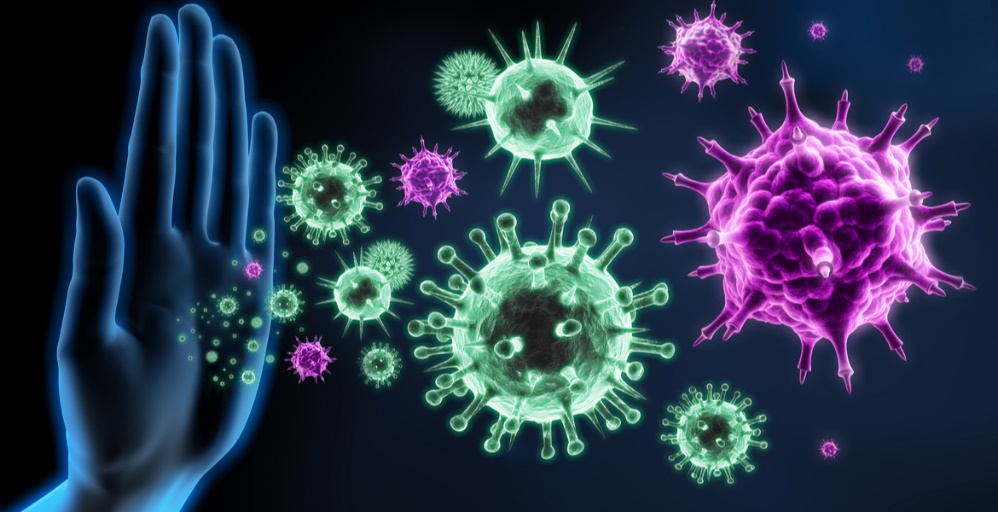
As a friendly reminder, if you are in need of ESL or EFL due to COVID-19 concerns or for vaccine-related purposes, an Emergency Sick Leave request form **must** be completed and submitted for our files.

**MIOSHA Extends COVID-19 Workplace Safety Rules…Without Changes**

**Advocacy News – April 13, 2021**

Governor Whitmer moved today to extend the Michigan Occupational Safety and Health Administration’s (MIOSHA) Emergency COVID-19 Workplace Safety Rules (“Emergency Rules”).

The Emergency Rules require employers to “create a policy prohibiting in-person work for employees to the extent that their work activities can feasibly be completed remotely.”  They also govern workplace controls, including social distancing, mask-wearing and sanitation practices.  The Emergency Rules can be found [here](https://www.michigan.gov/documents/leo/leo_miosha_COVID-19_Emergency_Rules_705296_7.pdf) and the extension order can be found [here](https://www.michigan.gov/documents/leo/Final_MIOSHA_Rules_705164_7.pdf).



Below are some tips for a strong and healthy immune system:

1. **DIET**: Be sure to incorporate lots of fruits, veggies, whole grains, and lean proteins.
2. **EXERCISE**: Aim for 30 minutes of moderate exercise most days of the week.
3. **SLEEP**: Try to get 7 to 8 hours of sleep each night.
4. **ALCOHOL**: Keep alcohol to a minimum; one drink for women and two for men per day.
5. **HYGIENE**: Wash those hands for at least 20 seconds frequently!
6. **STRESS**: Breathe, mediate, call loved ones. Stress causes your body to release cortisol, which in turn suppresses your immune system.
7. **VACCINATE**: Make your appointment today! Vaccination is a safe and effective way to help you, your loved ones, and the community stay safe….and the quickest way to return to normal!!

**[](https://www.youtube.com/embed/yPQXsrTBVQ8?feature=oembed)Watch the video below to put a smile on your face! 😊**