**Employee Assistance Program Educational Presentations**

* A Handbook for Supervisors on Substance Abuse in the Workplace
* Accountability
* Anger Management
* Antecedents of Conflict and Steps in Approaching Conflict
* Assertiveness
* A Supervisors Guide to EAP
* Building an Understanding of Professionalism
* Building Resilience
* Civility and Respect; It Starts with You.
* Communication
* Compassion Fatigue: The Stress of Caring Too Much
* Conflict Management
* Conflict Resolution
* Coping with Anxiety
* Coping with Change
* Coping with Depression
* Coping with Grief
* Coping with the Loss of a Job
* Creating a Healthy Work Environment
* Creating a Self-Care Plan
* Cultivating Happiness; How to be Positive and Happy at Work
* Customer Service Skills Training
* Defining Wellness and Steps to Reach Your Goal
* Diversity Works
* Divorce – Helping Your Child Cope with the Break-Up
* Do you really want to be a Supervisor (Leader)?
* EAP Orientations
* Embracing Change, Engaging with your Team
* Emotional Intelligence
* Employee Engagement
* Establishing a Code of Conduct or Standard of Behavior
* Finding Balance and Mindfulness
* Fix It Formula: How to Improve the Relationship with your Supervisor or Manager
* Gossip in the Workplace
* Guideline for Professional Behaviors
* Handling Conflict in the Workplace
* Harassment
* How to Deal with Difficult People
* Identifying Suicide Risk
* Improving Relationships
* Lateral Violence Behaviors/ Bullying
* Mean People at Work
* Mental Health Education
* Money Management
* Pain Management – Coping Techniques
* Preventing Job Burnout
* Problem-Solving Process
* Setting Boundaries on Stress
* Setting Boundaries at Work
* Sexual Harassment
* Stress Management – 1. 10 Tips to Successful Stress Management

 2. How and What to Successful Stress Management

* Substance Abuse Education: 1. For Employees 2. For Supervisors
* Suicide Prevention Education
* Teamwork Working
* The Art of Forgiving
* The Hurried Women Syndrome
* Time Management
* Tips to Conflict Resolution
* What to do in a potentially violent situation
* Working with You is Killing Me. (a conflict resolution process)
* Workplace Boundaries
* Workplace Professionalism
* Workplace Violence